

TEAM BUILDING – Dynamic Collaboration

Non-Credit Bearing

“Effective collaboration, grounded in a deep understanding of team dynamics, drives superior performance.”

Team dynamics are the interactions, relationships, and behaviours within a group of individuals working together. They influence how teams collaborate, communicate, and achieve common goals. Understanding Dynamic Collaboration is crucial for effective teamwork and success!

Our interactive 1-day course is designed to help create a collaborate environment building a great team spirit. Understanding each team member and how to interact with them is fundamental to every successful team. Through a day of roleplay, games and discussions, team members will gain a deeper understanding of their team dynamics and how their behaviours impact on each other.

The objective of the day is for team members to understand how they contribute in their unique way to group success. By understanding the dynamics that exist within the team, we can make better use of our strengths while recognising any shortcomings to gain critical synergies. Respectfully relying on our mutual connections in times of stress is when Team Dynamics are tested and the strength of collaboration shines through!

Format

The day will be broken into sections containing elements of theory, discussion and activities to consolidate the ideas.

Delegates will be divided into mixed groups – managers, supervisors, team leaders and associates - allowing them to connect and learn across the full spectrum.

The day will begin with an introduction explaining that the focus will be on having fun and enjoying themselves, learning about themselves and their team along the way.

The day will wrap up with a conclusion - bookending the experience to discuss the achievements from the day's activities. With debriefs after each module, so that the teams know what the purpose and meaning was from each section and activity.

PTO for table contents

One-day course 08:30 -16:00

Tel: (031) 267 1229

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Table of contents:

Module 1 – Spirit animal		
Theory content	Practical content	Required from client
<ul style="list-style-type: none"> What are my strengths and weaknesses? How do I use my skills to help the team going forward What can I do to help my team perform better everyday? 	<p>Each delegate will choose a random animal figurine. The animal is not as important as what it represents.</p> <p>Delegates are then going to explain to their small groups which characteristic of the animal they will embody going forward e.g.:</p> <p>The protectiveness of a lion</p> <p>The memory of an elephant</p> <p>The speed and purpose of a snake</p> <p>The forward vision of an eagle</p>	<p>Number of delegates attending</p>
Module 2 – Review of Company Values		
Theory content	Practical content	Required from client
<ul style="list-style-type: none"> What are values? Why are they important? How do Values drive our behaviour? Can we recognise our values? 	<p>This will be to re-enforce the values and the important part that they play in the everyday actions that are taken.</p>	<p>An updated list of the company values and any documents around this.</p>

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Module 3 – Social Interaction styles		
Theory content	Practical content	Required from client
People can generally be placed into 1 of 4 distinct "Social Interaction styles". This encompasses the way that you engage with others, deal with stress, react to pressure, among others. No style is better or worse – they are simply different from each other. Understanding your team and the way they act, and interact allows you to be more effective in dealing with them.	Delegates will complete a short self-assessment and then work through and create a common understanding of what these mean in a practice.	
Module 4 – Pulling it all together: Build a badge		
Theory content	Practical content	Required from client
Teams need to have a rallying point, something to get behind and believe in. In most cases this is a badge that represents them and what they stand for, the heritage and culture of our team.	Teams will create a badge to represent their small groups, taking into account the values of the team, the social styles, our spirit animals and all the previous interactions we have had.	

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